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APPETISERS & ENTREES	
Peperoncini Ripieni Chilli peppers filled with tuna	4.95
Sicilian Caponata Sweet and sour aubergine salad served with Sardinian bro	5.95 ead
Italian Mix of Olives	5.50
Balsamic Onions	4.95
Olive all'ascolana Stuffed olives with pork mince	4.95
Panelle Sicilian chickpea fritters	5.95
Crispy Skin-On Fries or Sweet Potato Fries	3.95

Il Nostro Pane all'aglio	
Characteristics had a said Democratic	6.05
Cherry tomatoes, herbs and Parmesan	6.95
Mozzarella cheese, herbs and garlic	6.95
Rosemary, oregano and garlic	5.50
Tomato sauce, garlic and herbs	5.95
Tomato sauce, pecorino cheese, chilli,	
red onion and garlic	6.95
Pancetta, Parmesan, garlic and oregano	6.95

Sformato di Patate N	9.50
Potato cake with Parmesan, smoked cheese, mozzarella,	
roast ham on a tomato sauce and pecorino cheese	

La Burrata V 10.95

Italian soft burrata cheese, sweet and sour caponata of aubergine salad, crispy Sardinian flatbread, mixed leaves and extra virgin olive oil

Polpette della Nonna 9.50

Grandma's beef meatballs with herbs, pecorino cheese, parsley, tomato sauce, cherry tomatoes, served with homemade bread

Zuppa del Marinaio

A rich seafood soup made with prawns, red mullet, squid, queen scallops, mussels in a light shellfish broth, white wine, cherry tomatoes, garlic and chilli served with homemade bread of the day 14.95

Sicilian Arancina N

A traditional street food of Sicily, deep fried ball of saffron rice stuffed with béchamel sauce, Parmesan, roast ham and fiordilatte mozzarella cheese

Trioligia di Affumicati GF

A selection of fish inspired by what I love most; smoked tuna carpaccio, smoked salmon, swordfish carpaccio with mixed leaves salad

Fritto del Pescatore

Deep fried fish; breaded red mullet, breaded prawns, fresh squid with homemade garlic and herb sauce

Il Cannolo alla Parmigiana V

Crispy waffle tube filled with a mousse of aubergines, Parmesan cheese and basil

Le Tre Bruschette NV

Three different little tastings of toppings on toasted homemade bread; sweet and sour aubergine salad, basil pesto and cherry tomato salad

Grand Momento Antipasto

Selection of fine Italian cured meat, Parma ham, cured pork neck, spicy Neapolitan salami, caponata salad, smoked cheese and homemade bread

9.50

7.50

Un Solce Momento

Il Vero Cannolo Siciliano

The most famous Sicilian dessert; crispy wafer tube filled with fresh sweet ricotta that melts in the mouth

Tiramisu 7.50

Traditional tiramisu, with mascarpone savoiardi biscuits and coffee

Momento al Cioccolato

Three different layers of chocolate mousse

Crostatina

Shortcrust pastry filled with Italian pastry cream and a mix of berries

Please inform the staff of any allergens or dietary requirements

N= contain nuts, although dishes without this symbol are made without nuts, there is a possibility that traces of nuts may still be found in them

V= suitable for vegetarians

Gluten free options, vegan and vegetarian are available, please ask a member of staff for more details

Gnocchetti Sardi

A typical Sardinian short pasta with sausage ragù, tomato sauce, chilli, herbs and salted pecorino cheese

Spaghetti Mare Nero

Squid ink spaghetti, fresh crab meat, Prosecco wine, chilli, shallots, fresh tomatoes and a precious cured grey mullet fish roe

Risotto Un Momento

16.95 Carnaroli rice with a mix of rich seafood; crab meat, prawns, queen scallops, cherry tomatoes, Prosecco wine, crustacean sauce and a precious salted cured Lignature dish grey mullet fish roe

Risotto Foresta Vecchia

Carnaroli rice, stewed shallots, Sicilian sausage, porcini mushrooms, white wine, herbs and pecorino cheese (Vegetarian option available)

Fregola Sarda

Traditional Sardinian toasted pasta with mussels, prawns, calamari, garlic, chilli, parsley and fresh cherry tomatoes

Casarecce Aroma di Basilico V N

Twisted pasta with an authentic basil pesto made with basil, garlic, parmesan, pecorino and pine nuts

Ravioli di Agnello

Lamb ravioli filled with lamb mince, pancetta, thyme in a lamb ragù and pecorino cheese

Casarecce Al Ragù di Triglie N

Popular Sicilian pasta of the fishermen with a ragù of red mullet, pine nuts, sultanas, dill, chilli, shallots, fresh tomatoes and white wine

Linguine Aroma del Sud N

Linguine pasta with prawns in a pesto made with pistachio, garlic, basil and olive oil

Spaghetto alla Bottarga Sarda

A traditional Sardinian fisherman dish with mussels, cherry tomatoes and precious salted cured grey mullet fish roe

Spaghetti alla Carbonara

Spaghetti with smoked bacon, egg yolk, pecorino cheese and fine black pepper

Lasagne della Nonna N

Homemade layered egg pasta, beef ragù, béchamel sauce, grana padano cheese and tomato sauce

Linguine Frutti di Mare

Linguine tossed with king prawns, mussels, calamari, garlic, chilli, cherry tomatoes and parsley

Risotto Profumo di Sicilia

Carnaroli rice, saffron, prawns, Sicilian grated tuna fish roe, Prosecco wine and shallots The recomends



Nasello in Crosta di Mandorle

Almond and breadcrumb-crusted hake fillet, mixed vegetables, roast potatoes and homemade garlic sauce

Filetto di Spigola

Baked sea bass fillet with a Sicilian sauce with cherry tomatoes, shallots, capers, olives and potatoes

Pollo Prato Verde

Chicken breast fillet with spinach, smoked ricotta cheese, pecorino cheese, served with mixed vegetables and a creamy spinach sauce

Filetto alla Griglia

Beef fillet steak served with vegetables, roast potatoes and beef jus

Pollo Caprino e Porcini

Rolled chicken breast stuffed with Parmesan cheese, goat's cheese and herbs, served with vegetables and porcini sauce

Stinco di Angnello

Slow cooked lamb shank served with mixed vegetables, roast potatoes and jus



Regina Margherita V

Tomato sauce, fior di latte mozzarella cheese, extra virgin olive oil

Porcini V 13.95 Fior di latte mozzarella, porcini mushrooms, pecorino cheese

14.50

Un Momento Tomato sauce, soft burrata cheese, Parma ham,

cherry tomatoes, rocket salad and extra virgin olive oil

12.95

Tomato sauce, mozzarella, spicy soft Nduja salami, chilli, pepperoni salami, red onions and anchovies

Tomato sauce, fior di latte mozzarella, Parma ham, balsamic glaze, rocket salad and grated Parmesan cheese

Caprina

Tomato sauce, fior di latte mozzarella, goat's cheese, red onion and smoked pancetta

Vegetariana V

Tomato sauce, fior di latte mozzarella and mixed vegetables

Deliziosa

Tomato sauce, fior di latte mozzarella, roasted ham and mushrooms

Rustica

Fior di latte mozzarella, tomato sauce, Sicilian sausage,

mushrooms, red onion and pecorino cheese